

MORNINGSIDE MEDICAL PRACTICE

TRAVEL IMMUNISATIONS

Recommended immunisations vary according to the travel destination and the nature of your trip. To assist us in determining your requirements, please complete this form, return it to reception and make an appointment to see the practice nurse.

NAME **DATE OF BIRTH**

ADDRESS

TELEPHONE contact: HOME WORK..... MOBILE.....

DESTINATION(S) – Please give as much detail as possible		
DURATION OF STAY		
DATE OF TRAVEL		
NATURE OF VISIT – e.g tourist, work, volunteer		
IF WORKING/VOLUNTEERING, GIVE NATURE OF WORK (this information is essential)		
TYPE OF ACCOMMODATION		
PREVIOUS IMMUNISATIONS (please circle) Diphtheria Tetanus Polio Hepatitis A Hepatitis B Typhoid Yellow Fever Meningitis Other (s)	WHEN?	ADVERSE REACTION?

HAVE YOU ANY ALLERGIES?

ARE YOU PREGNANT?

ARE YOU ON ANY MEDICATION?

DO YOU HAVE ANY SERIOUS MEDICAL PROBLEMS?

Some vaccinations and some anti-malarial treatment require the issuing of a private prescription. The practice nurse will advise on any charges incurred.

The issuing of a private prescription for certain vaccines and for anti-malarial tablets is:

Adult:£20.00

Child: £10.00 (under sixteen)

YELLOW FEVER

This vaccine is only available from designated Yellow Fever Vaccination Centres. A certificate will be provided and is valid from ten days after the vaccination for a period of ten years. It can be obtained from:

<i>Travel Clinic, Western General Hospital, Crewe Road, Edinburgh</i>	<i>0131 537 2822</i>
<i>Marchmont Medical Practice, 10 Warrender Park Terrace Edinburgh</i>	<i>0131 229 6314</i>
<i>Edinburgh Travel Health Clinic Street 14 East Preston St , Edinburgh</i>	<i>0131 667 1030</i>
<i>Adventure & Tourism Travel Clinic, 5 Mill Lane, Edinburgh</i>	<i>0131 536 8818</i>

For Practice Use Only

Vaccinations Recommended

<i>Polio</i>	<i>Hepatitis B</i>
<i>Tetanus</i>	<i>Yellow Fever</i>
<i>Diphtheria</i>	<i>Japanese B Encephalitis</i>
<i>Typhoid</i>	<i>Rabies</i>
<i>Hepatitis A</i>	<i>Meningococcal</i>
	<i>Tick-borne Encephalitis</i>

Anti-Malarial Treatment Recommended

<i>Malarone</i>	<i>One tablet daily</i>
<i>Mefloquine (Larium)</i>	<i>One tablet Once weekly</i>
<i>Doxycycline</i>	<i>One tablet daily</i>
<i>Proguanil (Paludrine)</i>	<i>Two tablets daily</i>
<i>Chloroquine(Avloclor)</i>	<i>Two tablets Once weekly</i>
<i>General measures</i>	<i>Repellents, Clothing, Mosquito nets</i>